








# February 2019 — Senior Center Lunch Menu

Lunch served at 11:30 am to 12:30 pm Monday through Friday

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>**All meals served with coffee/tea/milk</i></p>					<p>1 <b>Baked Chicken</b> Cauliflower Broccoli &amp; Cheese Wheat Roll Sliced Pears</p>	<p>2 </p>
3	<p>4 <b>Sausage Patties &amp; Gravy</b> Oven Hash Browns Orange Juice Biscuit Mixed Fruit</p>	<p>5 <b>Vegetable Beef Stew</b> Tossed Salad Tomato Juice Cornbread Apple Crisp</p>	<p>6 <b>Taco Salad w/ Meat, Beans &amp; Cheese</b> Lettuce &amp; Tomatoes Pineapple Tostito Chips Pudding w/ Topping</p>	<p>7 <b>Open Faced Turkey Sandwich</b> Mashed Potatoes Green Beans Sliced Peaches Sherbet</p>	<p>8 <b>Cook's Choice</b> </p>	9
10	<p>11 <b>Sweet &amp; Sour Chicken</b> Rice Oriental Veggies Egg Roll Mandarin Oranges</p>	<p>12 <b>Goulash</b> Cali Blend Veggies Zucchini &amp; Tomatoes Cornbread Cinnamon Applesauce</p>	<p>13 <b>Ham &amp; Cheese Sandwich</b> Lettuce &amp; Tomatoe Baked Beans Pasta &amp; Veggies Tomato Juice Mixed Fruit Crisp</p>	<p>14 <b>Salisbury Steak w/ Gravy</b> Au Gratin Potatoes Buttered Peas Wheat Roll Banana </p>	<p>15 <b>Lasagna</b> Dk Green Leafy Salad Winter Mix Veggies Garlic Roll Sliced Pears</p>	16
17	<p>18 <b>BBQ Pork on Bun</b> Peppered French Fries Baked Beans Apple Juice Fruit</p>	<p>19 <b>Potato Soup &amp; Chef Salad</b> Tomato Juice Tropical Fruit Salad Crackers Chocolate Chip Cookie</p>	<p>20 <b>Sliced Ham &amp; Cabbage</b> Sliced Carrots Green Beans Corn Drop Biscuit Sliced Peaches</p>	<p>21 <b>Birthday Dinner</b> <b>Oven Fried Chicken</b> Mashed Potatoes w/ Gravy Buttered Peas Wheat Roll Birthday Cake </p>	<p>22 <b>Cook's Choice</b> </p>	23
24 	<p>25 <b>Chicken Fried Steak w/ Gravy</b> Mashed Potatoes Mixed Vegetables Wheat Roll Rosy Applesauce</p>	<p>26 <b>Taco Salad w/ Meat, Cheese &amp; Beans</b> Lettuce &amp; Tomatoes Pineapple Tostito Chips Pudding w/ Topping</p>	<p>27 <b>Polish Sausage &amp; Sauerkraut</b> Baked Beans French Fries Bun Sliced Pears</p>	<p>28 <b>Teriyaki Chicken</b> Asian Rice Broccoli Egg Roll Fruit</p>	<p>1 <b>Spaghetti w/ Meatballs</b> Antiqua Vegetables Buttered Corn Garlic Roll Grapes</p>	