






# May 2019 —Area Senior Center Menu

Lunch served at 11:30 am to 12:30 pm Monday through Friday

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>**All meals served with coffee/tea/milk</i></p>	<p>29 Chicken Salad Sandwich/wheat bread Frito Chips Coleslaw Potato Salad Rosy Applesauce</p>	<p>30 Swiss Steak Antigua Vegetables Corn Wheat Roll Peach Crisp</p>	<p>1 Chili Frito Pie Refried Beans Dark Green Leafy Salad Mexican Rice Pineapple</p>	<p>2 Chicken Spaghetti or Spaghetti w/sauce Corn Broccoli &amp; Cheese Wheat Roll Mandarin Oranges</p>	<p>3 Fish Macaroni Cheese Tomatoes &amp; Zucchini Cornbread Strawberries</p>	<p>4</p>
<p>5</p> 	<p>6 Sweet &amp; Sour Chicken Asian Rice Oriental Vegetables Egg Rolls Applesauce</p>	<p>7 Cheeseburger on Bun w/lettuce, tomato Potato Wedges Hominy Juice Peach Crisp</p>	<p>8 Taco Salad, Meat, Cheese, beans Lettuce &amp; Tomatoes Pineapple Tostito Chips Pudding w/topping</p>	<p>9 Chef Salad w/ tomatoes, ham &amp; cheese Baked Potato Grape Juice Crackers Mixed Fruit</p>	<p>10 Meatloaf Mashed Potatoes Buttered Peas &amp; Carrots Wheat Roll Sliced Pears</p>	
<p>12</p>	<p>13 Hamburger Steak w/ gravy Mashed Potatoes Green Beans Wheat Roll Apple</p>	<p>14 Beef &amp; Noodles Carrots Cauliflower Wheat Roll Mandarin Oranges</p>	<p>15 Stuffed Green Peppers Steamed Rice Steamed Broccoli Wheat Roll Sliced Peaches</p>	<p>16 Oven Fried Chicken Mashed Potatoes &amp; Gravy Peas &amp; Carrots Wheat roll Birthday Cake W/fruit</p>	<p>17</p> 	<p>18</p>
<p>19</p>	<p>20 Sausage Patties w/ gravy Oven Hash browns Orange Juice Biscuits Peaches</p>	<p>21 Chicken Strips Corn Broccoli Wheat Roll Pears</p>	<p>22 Taco Soup Dark Green Leafy Salad Cottage Cheese w/ tomatoes Cornbread or Tortilla Chips Canteloupe</p>	<p>23 Open Faced Turkey w/ gravy Mashed Potatoes Spinach Wheat Bread Vanilla Wafer pudding w/ banana</p>	<p>24 BBQ Beef Sandwich Baked Beans French Fries Apple Juice Orange</p>	<p>25</p>
	<p>27 CLOSED</p> 	<p>28 Chicken Fried Steak w/ gravy Au gratin Potatoes Mixed Vegetables Wheat Roll Sliced Pears</p>	<p>29 Cheeseburger or Chili Dog on bun Coleslaw Potato Salad Peaches Ice Cream Bar</p>	<p>30 Taco Salad w/meat, Cheese, beans Lettuce &amp; Tomatoes Pineapple Tostitos Frozen Sherbet</p>	<p>31 BBQ Chicken Buttered Peas Baked Beans Wheat Roll Apple Crisp</p>	